Frequency Specific Microcurrent in Pain Management
by Carolyn R. McMakin

Review by Devin J. Starlanyl

This is a remarkable book for the licensed care providers. First, I must say that I have been interested in Frequency Specific Microcurrent (FSM) for some time. I’ve taken the Core course and studied the Advanced course. I’ve seen FSM and I’ve experienced it. This technology works. On one channel, each frequency is specific to a type of tissue, and resonates with that tissue. On the other channel, each frequency resonates with a specific condition. The energy used in FSM is the same strength as that generated by a living cell. This may sound as though it comes to you directly from Star Fleet Medical. We tend to forget that we already live in the space age. This is technology that is available today. We’re on a learning curve, and the journey is amazing. I had Barrett’s esophagus, with several other esophageal areas biopsied and found abnormal. Those tissues are healthy now. FSM helps keep me functioning at the level that I do.

The author of this book has blazed a strong trail in this field. Dr. McMakin is an explorer in a vast new world. In this book, she tells us a little about how this science developed, and explains the importance of the medical studies that show FSM positively affects levels of some of our important biochemicals. The effectiveness of FSM on fibromyalgia, myofascial pain and neuropathic (nerve-generated) pain have been also documented in medical journals. This book tells you how you can treat a variety of illnesses, including those that are usually treated with invasive options. This technology can’t restore tissue that is no longer there. It can treat a very wide variety of conditions in a wide variety of tissues. This book can change you. It can change your practice. It can open you up to new possibilities. If you are not willing to venture out of a comfortable rut, this book is not for you. If you want to be able to change energy levels in your patients/clients; if you want to get at the source of some of the symptoms; if you’re ready for a new adventure in healing, get this book. If you have taken the courses and use FSM technology, you still need this book. It’s one of the best health care investments you can make.